Season Extension

- Hoophouse
- Low Tunnel
- Greenhouse
- Cold Frame
- Hot Caps
Cool Season Crops

• Lettuce: head and baby leaf
• Mustard greens: arugula, mizuna
• Cabbages: bok choi, green, Napa, kolhrabi
• Carrots/beets/green onions
• Radishes/turnips: Cherriette/Tokyo Cross
• Kale/Chard: Beedy’s Camden
• Spinach: Covair
• Specialty Greens: endive, claytonia, sorrel
Planting Dates: Palouse

- Fall Kale/Chard: 6/19 or earlier
- Fall Broccoli: 7/3
- Fall Brassicas:
  - Cabbage: 7/11, 7/19
  - Bok Choy: 7/19, 8/1
- Green Onions: 7/19
- Winter Kale/Chard: 8/8
- Winter Spinach: 8/29, 9/9, 9/19, 9/26,...
- Winter Lettuce/ Asian Greens: 2/15, 2/22
- Spring Carrots: 3/1 (Napoli)
Winter Study

- Mustards & Lettuces
  - China Jade
  - Komatsuna
  - Mizuna
  - Tat Soi
  - Arugula
    - Cracoviensis
    - Winter Density
    - Bronze Arrowhead
    - Cardinale
    - Forellenschluss
Warm Season Crops

- Tomatoes: Heirlooms, Valley Girl, New Girl, Sunkist, Lola
- Peppers: Shishito, Topepo, Carmen, King of the North
- Potatoes: Pink Warba
- Beans: Kosovo Pole
- Cucumbers: Tasty Jade, Socrates
- Melons: Sugar Baby, Cantaloupe
- Sweet Potatoes: Heirlooms
- Basil: Aton, Nufar
Planting Dates: Palouse

- Tomatoes: 2/15-3/15 (G.H.)
- Peppers: 3/1 (G.H.)
- Potatoes: 3/1 (H.H.)
- Beans: Pole 6/20-7/1 (H.H.)
- Cucumbers: 4/15 (G.H.)
- Melons: 4/1 (G.H.)
- Sweet Potatoes: 5/1 (H.H.)
- Basil: 4/1, 5/1 (G.H.)
Seed Companies

- High Mowing Seeds: http://www.highmowingseeds.com/
- Johnny’s Select Seeds: http://www.johnnyseeds.com/
- Osborne Seed Company
- FEDCO
- Seeds of Change
Web Resources

High Mowing Winter Growing Articles:
http://www.highmowingseeds.com/blog/category/winter-growing/

Johnny’s Winter Harvest Overview:
Printed Resources

• The Winter Harvest Handbook: Eliot Coleman
• High Tunnels: Using low cost techniques to increase yields, improve quality, and extend seasons: [http://www.uvm.edu/~susagctr/Documents/HighTunnels.pdf](http://www.uvm.edu/~susagctr/Documents/HighTunnels.pdf)
• Yield of Leafy Greens in High Tunnel Winter Production in the Northwest United States: [http://hortsci.ashspublications.org/content/48/2/183.full.html?ijkey=s2d8UBuEZ1yNq9i&keytype=ref](http://hortsci.ashspublications.org/content/48/2/183.full.html?ijkey=s2d8UBuEZ1yNq9i&keytype=ref)
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